## 2024/25



# BROCHURE

Coaching is our love language

COACHING & CONSULTING

Thecareerdoctorllc.com

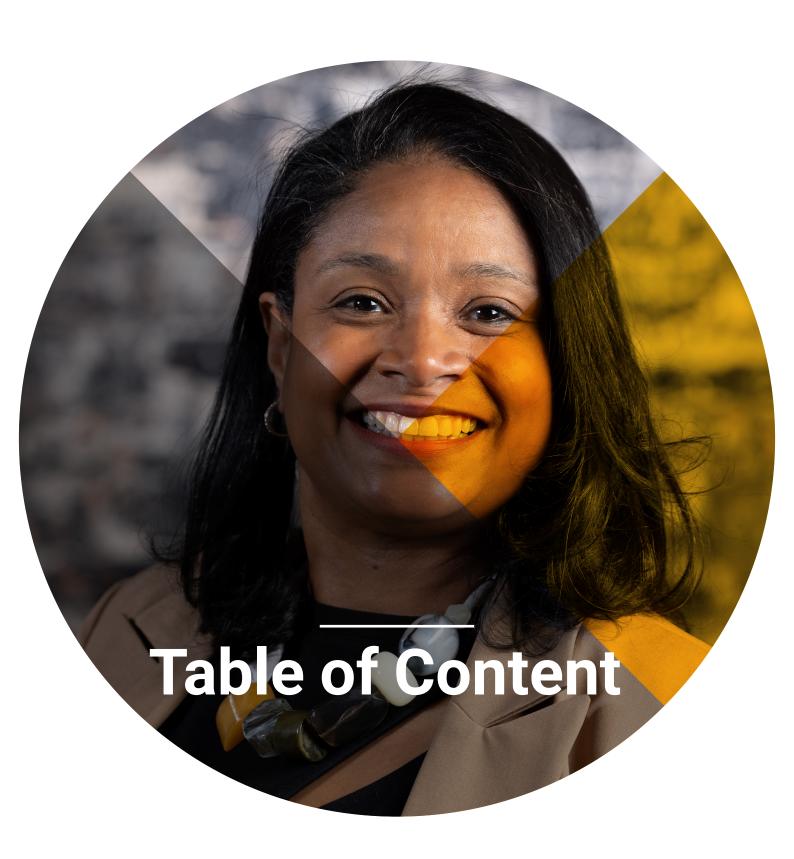


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С О elcome to the home of The Career Doctor, LLC, a sanctuary for professional growth led by Jacqueleen, PhD candidate, an Award-Winning ICF Executive Career, Leadership, and Group Coach. Passionate about igniting change, Jacqueleen and her team excel in driving organizational excellence through coaching, leadership training, and corporate partnerships.

In the realm of executive and group coaching, Jacqueleen finds fulfillment in empowering professionals to pursue passions with informed decision-making. As the force behind our boutique agency, she offers a spectrum of services, including 1:1 Coaching, Group LinkedIn Branding, Corporate Leadership Training, Early Career Workshops, Minority Women's Group Coaching, Corporate Group Coaching, Resume and CV Support, Interview Strategy, Entrepreneurship Coaching, and more. Jacqueleen's unique ability lies in helping individuals uncover genuine passions, crafting personalized paths to success. Welcome to The Career Doctor, where every service is a stepping stone to your professional zenith.

## Coaching is our Love Language.

### WE LOVE WHAT WE DO

We love what we do because every day presents an opportunity to make a meaningful impact on individuals and organizations. Our passion for coaching executive clients and driving leadership development stems from a genuine belief in the transformative power of insightful guidance and skillful mentorship. By fostering a collaborative and growth-oriented environment, we empower leaders to unlock their full potential. The joy we derive from witnessing personal and professional breakthroughs is the driving force behind our commitment to excellence. In each coaching session and leadership development initiative, we relish the chance to contribute to the success stories of those we have the privilege to work with.

Nestled at the core of our passion for Executive ICF Coaching is the extraordinary journey led by Forbes Coaches Council Member, and Chief Coach Jacqueleen, affectionately known as the "Career Doctor," and her dynamic team of coaching partners. Jacqueleen, with her unparalleled expertise and intuitive coaching acumen, and techforward leadership takes the helm, guiding individual leaders, professional groups, and corporations through the "I.T.V. CORE" (Intentionality, Trust, Value - Co-Creative Outcomes, Results, and Empowerment) Framework which is a transformative process for clients

Her commitment to excellence is mirrored by her team, a group of dedicated coaching partners who bring diverse perspectives and specialized skills to the table. Together, they create a synergistic force that elevates leadership to unprecedented heights.

Jacqueleen's coaching is a personalized experience, a tailored prescription for success, meticulously designed to address the unique needs of each individual and team. As the Career Doctor, she diagnoses challenges, prescribes solutions, and administers a potent blend of inspiration and strategic guidance. Her team, like trusted allies, complements her efforts, ensuring a comprehensive and holistic

"Jacqueleen is an AMAZING mentor and coach. Her knowledge about career strategy and the corporate landscape is among the best. With her guidance, I made a shift in my professional career and I know it could NOT have been done without her. Grade A service!"

### Digital Product Manager

"As a DEI executive leader and attorney in the pharmaceutical/ healthcare industry, I found Crittle's knowledge. expertise and passion for HR. DEI and justice extremely valuable as we worked to identify organizations with the right corporate culture and mission where I could thrive and reach my career goals. I highly recommend the Career Coach!

SVP, DEI & Head of Employee Strategy & Accountability

### WHAT OUR CLIENTS SAY



I want to say thank you so much for the partnership over the last 5 months! Your insight, feedback, and coaching was exactly what I needed to help prepare me and challenge me for this new role. I have appreciated your questions to get me to think more, your ideas on how I can be more effective as a leader, and your insight on leadership mindset. It has been an absolute pleasure.

SVP Strategy Growth & Marketing



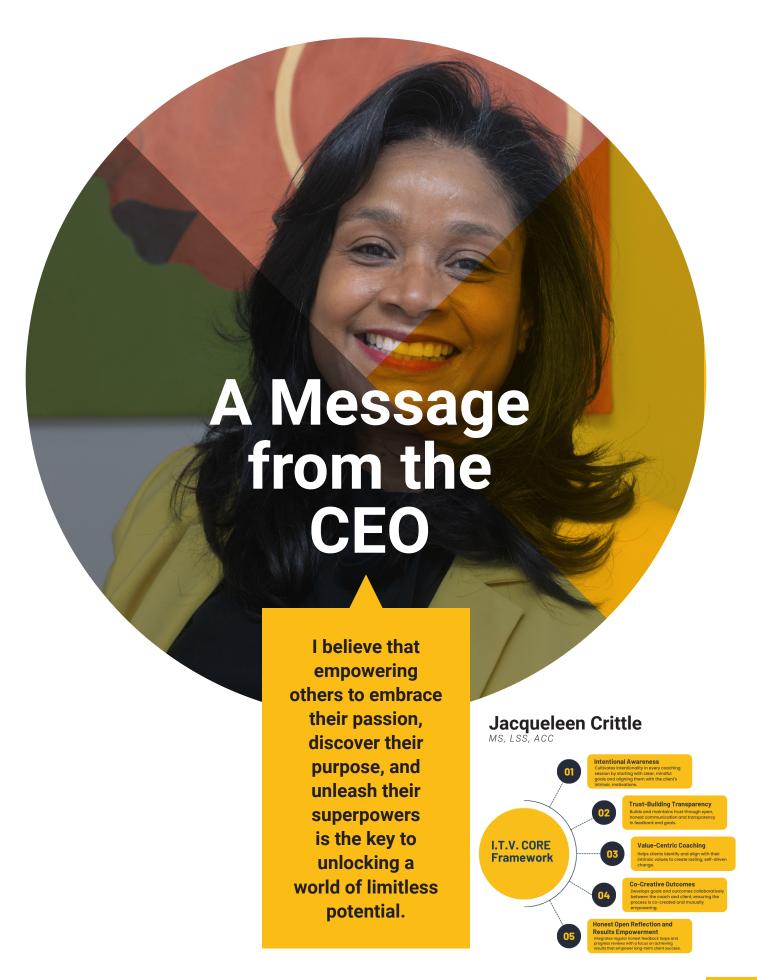
Jacqueleen is the ideal partner for selftransformation. She is direct, empathetic, and pragmatic in her coaching. Her ability to bring her experiences to bear is a huge benefit they are such a plus. Very few people can create positive momentum, Jacqueleen can create that in spades.

Chief Information & Data Officer



I heard rave reviews; what I found was much more; a phenomenal coach that allowed me to stay at the forefront of my career goals. The Career Doc is attentive and wise in all things career related.

VP Talent Management



s we navigate the currents of an ever-shifting economy and a dynamic job market, I am invigorated by the challenges that lie ahead. In the face of volatility, our commitment to empowering individuals to not only weather storms but also to thrive in their professional journeys has never been stronger.

A recent study by the International Coach Federation (ICF) highlights the undeniable impact of coaching on personal and professional growth. The numbers speak for themselves—a remarkable 70% improvement in work performance, an 80% boost in self-confidence, and a 73% enhancement in relationships for individuals who embraced coaching. This reinforces our belief that coaching is a transformative journey, and at The Career Doctor, LLC, it is a journey centered around you.

Our Chief Coach, Jacqueleen, stands poised at the forefront of this transformative experience. Her dedication to tackling the challenges posed by the volatile economy and job market is unwavering. Whether you are navigating a new career direction, seeking elevation in your current role, striving for work/life balance, or even a simple resume refresh, our services are designed to meet your unique needs.

Intrinsic Value™ is the flagship proprietary program offered by The Career Doctor, LLC, designed to empower participants to discover their Ikigai-their unique reason for being-by aligning their careers and personal lives with what truly matters. Through this alignment, participants experience greater fulfillment and sustained motivation in both their professional and personal journeys. Along with fostering personal growth, Intrinsic Value™ offers exclusive opportunities to network with thought leaders across

the nation. The program also features hands-on storytelling practice, guided by a distinguished Toastmaster, utilizing custom storytelling flashcards to help participants craft and share their unique stories effectively.

"Understanding your own value enhances your confidence and assertiveness, making you more likely to pursue challenging opportunities and negotiate effectively. This self-awareness is key to job performance and career progression."

(Metrics Leader)

One of our proudest achievements is the creation of the Harmony Hive—a testament to Jacqueleen's ingenuity in fostering growth, connection, and empowermvent, particularly for African American leaders. This initiative not only imparts knowledge but sets the stage for a future marked by resilience, excellence, and a harmonious balance in both personal and professional realms.

As we embark on this journey together, let us embrace the power of intentional coaching, knowing that it has the potential to shape not just careers, but entire lives. Here's to a future defined by growth, connection, and unwavering empowerment.

Best regards,

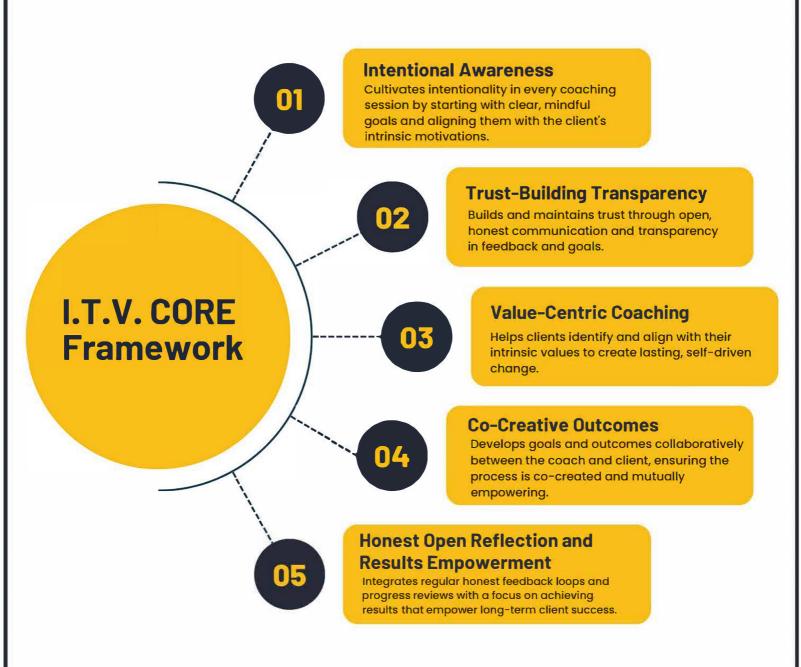
Jacqueleen Crittle, MS, LSS, ACC (Ph.D. Candidate) CEO, The Career Doctor, LLC



Over the last decade, Jacqueleen has found her greatest professional fulfillment with executive coaching and group coaching as her "love language".

It's her role to empower corporate professionals and young adults to pursue their passions while making informed decisions about their career and life trajectories. Many refer to her as "The Career Doctor" because of her unique ability to help people dive deep within themselves to uncover their genuine passion and create a path and plan to get there.

## **Our Methodology**

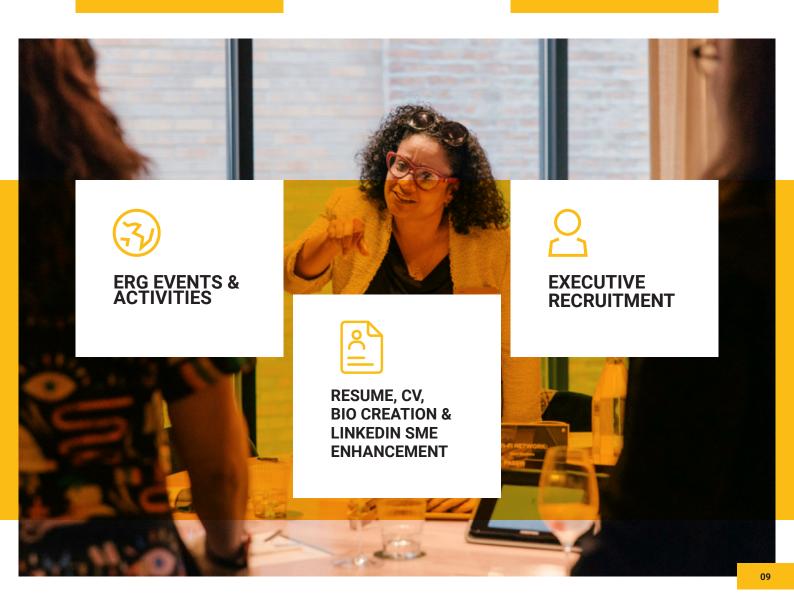




ORGANIZATIONAL LEADERSHIP DEVELOPMENT TRAINING









### 1:1 EXECUTIVE COACHING

### \$500 per hour

This fee applies to one-on-one coaching sessions with the Coach, with each session lasting one hour. It covers personalized guidance, support, and accountability tailored to the Client's specific needs and goals. Payment is required in full prior to the commencement of services.

### 1:1 Coaching Bundles:

4 sessions: \$18006 sessions: \$28008 sessions: \$380010 sessions: \$480012 sessions: \$5800

### **CORPORATE TRAINING**

### \$3500/Day + optional fees (e.g.,travel/lodging costs)

This fee covers corporate training sessions delivered by the Coach.

The daily rate includes the provision of tailored training content and materials.

Additional fees may apply for travel and lodging, if required.

### **GROUP COACHING**

### \$1500 per registrants

This fee covers eight 90-minute group coaching sessions for a maximum of 8 participants in each GROUP. Pricing includes DISC assessment to ensure group alignment, survey, group welcome kit, group activities, discussions, and shared learnings to facilitate personal and professional growth directed by an ICF coach.

- 35 Minute Consultations \$100
- · Resume/ CV \$500
- Bios **\$350**
- LinkedIn Enhancement \$350
- Career Catalyst Kit: Customized ATS Formatted Resumes or CV's, Bios, LinkedIn Enhancement, Interview Prep, Contract Negotiations \$1850
- DISC Assessment Leadership, Career, or Self reporting \$125

## We Provide

Coording to a study by the ICF, individuals who received coaching saw a 70% improvement in work performance, 80% improvement in self-confidence, and a 73% improvement in relationships. Coaching works because it is all about you.



**CAREER & LIFE COACHING** 

Our ICF-certified coach will help you identify and achieve your professional goals.



### HARMONY HIVE GROUP COACHING

Our ICF-certified coaches lead small groups of women of color to enhance work-life balance, leadership strategy, public speaking, and overall life strategy.



### PROFESSIONAL ORGANIZATION PARTNERSHIPS

Our ICF-certified coach will help your organization enhance professional development and leadership skills



### **RESUME & LINKEDIN SME**

Our ICF-certified coach will provide expert guidance to help you optimize your resume and LinkedIn profile for maximum impact.



### EMERGING TALENT COACHING

Our ICF-certified coaches help emerging talent build a strong foundation for long-term success and fulfillment in their careers.



### **MASTERCLASSES**

Our ICF-certified coaches provide immersive learning experiences on a variety of personal and professional development topics.

## **The Process**





Facilitate a seamless engagement process by promptly settling a 50% down payment via our invoicing system. Engage with our customized portal to access a wealth of resources tailored to your unique career



Complete your engagement by settling the balance in full within 30 days of service completion or at the time of final services rendered, solidifying a collaborative and successful partnership with The Career Doctor, LLC.



### **The Stats**

### **Group Coaching:**

#### **CHIEF**

Statistical Feedback for Group Coaching: Client Satisfaction Surveys All-Time Data (CHIEF):

- Average Client Satisfaction Score (CSAT): 4.80
- Percentage of 5-Star Scores: 91%

#### Biannual Data (CHIEF):

- Biannual Client Satisfaction Score (CSAT): 4.84
- Percentage of 5-Star Scores: 94%

These results from CHIEF highlight consistently high client satisfaction, with the biannual data showing an improvement in both average CSAT and the proportion of 5-star ratings compared to the all-time data. This trend points to growing satisfaction among clients during the latest reporting period.

### Women In Sports & Events (WISE)

Statistical Feedback for Group Coaching: Client Satisfaction Surveys **All-Time Data (WISE)**:

- Average Client Satisfaction Score (CSAT): 4.70
- Group Members Surveyed: 33
- Percentage of 5-Star Scores: 87.88%
- Percentage of 4-Star Scores: 12.12%
- Likelihood to Recommend: The overwhelming majority expressed a high likelihood to recommend the group coaching experience.

### Harmony Hive 2024 Stats

Statistical Feedback for Group Coaching: Client Satisfaction Surveys (Harmony Hive African American Group Coaching Collective)

### All-Time Data (Harmony Hive):

- Average Client Satisfaction Score (CSAT): 5.00
- Group Members Surveyed: 6 out of 8
- Percentage of 5-Star Scores: 100%
- Likelihood to Recommend: All participants endorsed the program as a positive return on their investment and highly encouraged others to enroll.

# Our outcomes, drive personal & organizational impact.

### **Emerging Talent:**

Jacqueleen's transformative leadership has sculpted an inspiring narrative—a 13-year saga where she coached, mentored, and led an organization of 1300+ African American young women and men. In this remarkable journey, she achieved a quantifiable triumph, guiding 80% female participants, ensuring 100% college acceptance, with a resounding 95% attendance and an impressive 85% graduation rate. Jacqueleen's legacy echoes in the corridors of postgraduate education (including Ivy League, big ten, and top-ranking institutions) and flourishing professional careers—a testament to her unwavering commitment and extraordinary impact.testament to her unwavering commitment and extraordinary impact.

## People Leader Professional Development:

CASE STUDY: Leadership Transformation Training Program

### **Objective:**

A mid-size organization aimed to facilitate leadership transformation among its people leaders by addressing key areas of development, including Leadership Presence, Courageous Conversations, and Growth Mindset. The goal was to enhance leadership effectiveness through a comprehensive sevenmenth training program.

### **Resolution:**

concepts.

The organization conducted a case study involving 237 organizational leaders to evaluate the impact of the training program. The program featured small group, instructorled training sessions that included: Career Doctor Instructor Facilitation: Expert-led instruction tailored to real-world leadership challenges Group Breakouts: Collaborative discussions to reinforce learning and foster peer support Scenario-Based Role-Play: Practical role-play sessions simulating real-world situations to improve decision-making and communication skills. Post-Session Activities Reinforcement exercises and follow-up activities to ensure long-term retention of key

### **Results:**

Leadership Training Effectiveness Rating: 4.87 out of 5 stars. Effectiveness/Satisfaction with **Behavioral Communication** Coaching and Team Development: 97% The data from this case study underscores the program's success in transforming leadership behaviors and improving communication within teams. Leaders reported significant improvements in leadership presence, engagement in courageous conversations, and adoption of a growth mindset.

## **Our Partners**







### Cassandra DTM, PDD, CVP

With an illustrious 25-year Toastmasters journey, she holds two Distinguished Toastmaster titles and led the acclaimed club WAO to secure numerous district awards, including "Toastmaster of the Year," "Excellence in Program Quality," and a prestigious nomination for the "2022 Presidential Citation Award." In 2023, she further distinguished herself as an accomplished author.

### Sarah MSc, MBA, PCC

A seasoned veteran with 20 years of experience in executive and leadership development coaching, she specializes in guiding both senior and aspiring leaders. Her expertise lies in helping individuals tap into and amplify their leadership potential, all while fostering deeper connections and a greater sense of joy in their lives. With a rich background in brain studies, boasting a BSc in neuroscience and an MSc in biomedical engineering, her inspiration springs from the marvels of our intricate minds.

## **Toby**Design & Media Specialist

Originally a graduate of Chemical Engineering born in Lagos, Nigeria, Toby is our no. 1 go-to video editor and designer. He has over 8 years of experience as a professional video-editor and cinematographer. He is incredibly creative and very adept in his craft. He also loves dogs, and watches YouTube in his spare time.

### Places The Career Doctor has coached individual executive clients:

CHIEF | WISE | NAMIC | HRTS | NBA | NFL | NHL | WNBA | MLB | MLS | ESPN | WNBA | BULLS | AEG | ROOTS | JNJ | US Pharamocia | JLL | Revlon | Disney | Netflix | Comcast | IPG | Girls. Inc | Thermo Fisher | Cornell | Amazon | Walmart | AP | Humana | Gallagher | Accenture | Agility Health | LMU | Peleton | Bon Secour | Children's Adocacy Center of Texas | African American Chamber of Commerce | Reddylce | ABT | Heineken | Morgan Stanley Advent Health | United Healthcare | Pepsico | McGraw Hill | Google | Fox Sports | BlueCross Blue Shield | Ulteig | Carnegie Learning

### **Corporate Training Programs**

In the rapidly evolving landscape of 2024, Forbes emphasizes the critical need for corporations to invest in coaching and training. According to their December 29, 2023 article on leadership skills, developing agile decision-making, adaptability, and resilience is paramount. The importance of embracing setbacks, fostering emotional intelligence, building support networks, and focusing on succession planning is highlighted. Additionally, the article underscores the significance of instilling a high-performing organizational culture through empathy, coaching, and mentoring. Addressing the challenges of digital transformation requires leaders with digital fluency and data-driven decision-making skills. In conclusion, Forbes contends that investing in leadership development programs is not just a choice but a necessity for driving growth, resilience, and innovation in the face of adversity.

### **Career Catalyst Kit**

### Cost: \$1850

- · Custom ATS formatted Resume
- Matching Cover letter
- LinkedIn Enhancement Session
- · Interview Prep.
- Contract Negotiation Strategy Session

### **Intrinsic Value™ Workshop**

### Cost: Contact Us Duration: 1 day

Includes: 12-month workbook and storytelling flashcards.

Coming Soon VR resources

Immerse yourself in two transformative days focused on mastering the art of conveying your true value through powerful introductions, persuasive pitches, and dynamic storytelling. Engage in interactive workshops designed to help you articulate your unique strengths and vision compellingly. Learn techniques to ensure your message not only reaches but inspires your audience, allowing you to create a lasting impact and drive meaningful connections.

### Essentialism in Action: Mastering Your Time and Focus

### Duration: 1 day Cost: Contact Us

Based on the teachings of the book: Essentialism: The Disciplined Pursuit of Less by Greg McKeown.

Step into a transformative journey that empowers you to master the art of essentialism and revolutionize how you manage your time and priorities. This immersive workshop is designed for executives ready to focus on what truly matters and eliminate the unnecessary, prioritizing quality over quantity and meaningful progress over constant busyness.

### **Early Career Professional Odyssey**

### **Duration: 1 day Cost: Contact Us**

- Comprehensive skill development: The workshop provides early career professionals with an intensive week-long training program focused on honing essential skills, including communication, project management, and problem-solving, to accelerate their career growth.
- Networking opportunities: Participants engage in interactive sessions, group activities, and networking events, fostering connections with industry experts and peers, creating a valuable professional network for ongoing support and collaboration.

### **Growth Mindset**

### **Duration: 2 hours Cost: Contact Us**

- Encourage a mindset that embraces challenges and sees failures as opportunities for learning.
- Foster a culture of continuous improvement and innovation.
- Develop strategies for overcoming obstacles with a growthoriented approach.

### **Courageous Conversations**

### **Duration: 2 hours** Cost: Contact Us

- Equip participants with skills to navigate difficult discussions.
- Promote open communication and conflict resolution.
- $\bullet$  Provide tools for addressing sensitive topics with professionalism and courage.



### **About Us**

The Intrinsic Value™ collection provides resources and workshops tailored for C-Suite to Director-level female professionals. It empowers participants to discover their "Ikigai"—their reason for being—by aligning their careers and personal lives with what truly matters, leading to greater fulfillment and motivation. Along with personal growth, the program offers opportunities to network with thought leaders nationwide and includes hands-on storytelling practice, guided by a distinguished Toastmaster, using custom storytelling flashcards to help craft and share your unique story effectively.



In-Person & Virtual Workshops
Personalized Coaching
Online Courses

Immersive Weekend Summit Enhanced Learning Materials Wear Your Passion



**SIGN UP NOW** 



## Are you ready to harness the transformative power of group coaching?

Harmony Hive is an 8-month virtual group coaching experience for eight black female executives through group coaching sessions, discussions, and shared experiences, in which the women tap into this collective energy.

The diverse perspectives and backgrounds within the group enrich the journey, fostering understanding and empathy.

The Power of Eight empowers these women to break through barriers that may have seemed insurmountable on their own. It provides them with a safe space to share their challenges, fears, and dreams. In doing so, they find solace in the fact that they are not alone in their struggles – they have a community that truly understands and supports them.

This once-in-a-lifetime experience culminates during a 3-day in-person weekend in St. Simon Island.

**SIGN UP NOW**