# 2024/25

# **JLIENI** BROCHURE

Coaching is our love language



LLC® THE CAREER DOCTOR COACHING & CONSULTING

Thecareerdoctorllc.com



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Chicago,IL ( 9

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### About Us



Welcome to the home of The Career Doctor, LLC, a sanctuary for professional growth led by Jacqueleen, PhD candidate, an Award-Winning ICF Executive Career, Leadership, and Group Coach. Passionate about igniting change, Jacqueleen and her team excel in driving organizational excellence through coaching, leadership training, and corporate partnerships.

In the realm of executive and group coaching, Jacqueleen finds fulfillment in empowering professionals to pursue passions with informed decision-making. As the force behind our boutique agency, she offers a spectrum of services, including 1:1 Coaching, Group LinkedIn Branding, Corporate Leadership Training, Early Career Workshops, Minority Women's Group Coaching, Corporate Group Coaching, Resume and CV Support, Interview Strategy, Entrepreneurship Coaching, and more. Jacqueleen's unique ability lies in helping individuals uncover genuine passions, crafting personalized paths to success. Welcome to The Career Doctor, where every service is a stepping stone to your professional zenith.

## **Coaching is our Love Language**.

#### WE LOVE WHAT WE DO

We love what we do because every day presents an opportunity to make a meaningful impact on individuals and organizations. Our passion for coaching executive clients and driving leadership development stems from a genuine belief in the transformative power of insightful guidance and skillful mentorship. By fostering a collaborative and growth-oriented environment, we empower leaders to unlock their full potential. The joy we derive from witnessing personal and professional breakthroughs is the driving force behind our commitment to excellence. In each coaching session and leadership development initiative, we relish the chance to contribute to the success stories of those we have the privilege to work with.

Nestled at the core of our passion for Executive ICF Coaching is the extraordinary journey led by Forbes Coaches Council Member, and Chief Coach Jacqueleen, affectionately known as the "Career Doctor," and her dynamic team of coaching partners. Jacqueleen, with her unparalleled expertise and intuitive coaching acumen, and techforward leadership takes the helm, guiding individual leaders, professional groups, and corporations through the "I.T.V. CORE" (Intentionality, Trust, Value - Co-Creative Outcomes, Results, and Empowerment) Framework which is a transformative process for clients

Her commitment to excellence is mirrored by her team, a group of dedicated coaching partners who bring diverse perspectives and specialized skills to the table. Together, they create a synergistic force that elevates leadership to unprecedented heights.

Jacqueleen's coaching is a personalized experience, a tailored prescription for success, meticulously designed to address the unique needs of each individual and team. As the Career Doctor, she diagnoses challenges, prescribes solutions, and administers a potent blend of inspiration and strategic guidance. Her team, like trusted allies, complements her efforts, ensuring a comprehensive and holistic "Jacqueleen is an AMAZING mentor and coach. Her knowledge about career strategy and the corporate landscape is among the best. With her guidance, I made a shift in my professional career and I know it could NOT have been done without her. Grade A service!"

#### Digital Product Manager

"As a DEI executive leader and attorney in the pharmaceutical/ healthcare industry, I found Crittle's knowledge. expertise and passion for HR. DEI and justice extremely valuable as we worked to identify organizations with the right corporate culture and mission where I could thrive and reach my career goals. I highly recommend the Career Coach!

SVP, DEI & Head of Employee Strategy & Accountability

#### WHAT OUR CLIENTS SAY



I want to say thank you so much for the partnership over the last 5 months! Your insight, feedback, and coaching was exactly what I needed to help prepare me and challenge me for this new role. I have appreciated your questions to get me to think more, your ideas on how I can be more effective as a leader, and your insight on leadership mindset. It has been an absolute pleasure.

SVP Strategy Growth & Marketing





Jacqueleen is the ideal partner for selftransformation. She is direct, empathetic, and pragmatic in her coaching. Her ability to bring her experiences to bear is a huge benefit, they are such a plus. Very few people can create positive momentum, Jacqueleen can create that in spades.

**Chief Information & Data Officer** 

I heard rave reviews; what I found was much more; a phenomenal coach that allowed me to stay at the forefront of my career goals. The Career Doc is attentive and wise in all things career related.

VP Talent Management

# A Message from the CEO

I believe that empowering others to embrace their passion, discover their purpose, and unleash their superpowers is the key to unlocking a world of limitless potential.





A swe navigate the currents of an ever-shifting economy and a dynamic job market, I am invigorated by the challenges that lie ahead. In the face of volatility, our commitment to empowering individuals to not only weather storms but also to thrive in their professional journeys has never been stronger.

A recent study by the International Coach Federation (ICF) highlights the undeniable impact of coaching on personal and professional growth. The numbers speak for themselves—a remarkable 70% improvement in work performance, an 80% boost in self-confidence, and a 73% enhancement in relationships for individuals who embraced coaching. This reinforces our belief that coaching is a transformative journey, and at The Career Doctor, LLC, it is a journey centered around you.

Our Chief Coach, Jacqueleen, stands poised at the forefront of this transformative experience. Her dedication to tackling the challenges posed by the volatile economy and job market is unwavering. Whether you are navigating a new career direction, seeking elevation in your current role, striving for work/life balance, or even a simple resume refresh, our services are designed to meet your unique needs.

Intrinsic Value<sup>™</sup> is the flagship proprietary program offered by The Career Doctor, LLC, designed to empower participants to discover their Ikigai-their unique reason for being-by aligning their careers and personal lives with what truly matters. Through this alignment, participants experience greater fulfillment and sustained motivation in both their professional and personal journeys. Along with fostering personal growth, Intrinsic Value<sup>™</sup> offers exclusive opportunities to network with thought leaders across

the nation. The program also features hands-on storytelling practice, guided by a distinguished Toastmaster, utilizing custom storytelling flashcards to help participants craft and share their unique stories effectively.

"Understanding your own value enhances your confidence and assertiveness, making you more likely to pursue challenging opportunities and negotiate effectively. This self-awareness is key to job performance and career progression."

#### (Metrics Leader)

One of our proudest achievements is the creation of the Harmony Hive—a testament to Jacqueleen's ingenuity in fostering growth, connection, and empowermvent, particularly for African American leaders. This initiative not only imparts knowledge but sets the stage for a future marked by resilience, excellence, and a harmonious balance in both personal and professional realms.

As we embark on this journey together, let us embrace the power of intentional coaching, knowing that it has the potential to shape not just careers, but entire lives. Here's to a future defined by growth, connection, and unwavering empowerment.

Best regards,

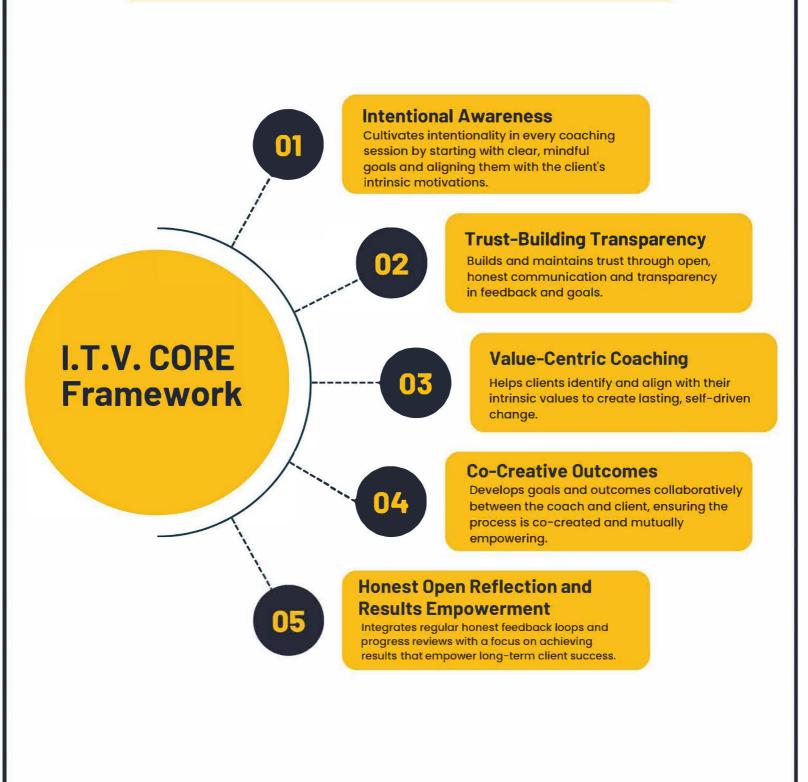
Jacqueleen Crittle, MS, LSS, ACC (Ph.D. Candidate) CEO, The Career Doctor, LLC



Over the last decade, Jacqueleen has found her greatest professional fulfillment with executive coaching and group coaching as her "love language".

It's her role to empower corporate professionals and young adults to pursue their passions while making informed decisions about their career and life trajectories. Many refer to her as "The Career Doctor" because of her unique ability to help people dive deep within themselves to uncover their genuine passion and create a path and plan to get there.

## **Our Methodology**





ORGANIZATIONAL LEADERSHIP DEVELOPMENT TRAINING





EXECUTIVE, MIDLEVEL AND EARLY CAREER COACHING



# Packages

#### **1:1 EXECUTIVE COACHING**

#### \$500 per hour

This fee applies to one-on-one coaching sessions with the Coach, with each session lasting one hour. It covers personalized guidance, support, and accountability tailored to the Client's specific needs and goals. Payment is required in full prior to the commencement of services.

#### 1:1 Coaching Bundles:

- 4 sessions: \$1800
- 6 sessions: \$2800
- 8 sessions: \$3800
- 10 sessions: \$4800
- 12 sessions: \$5800

#### **CORPORATE TRAINING**

#### STARTING at \$3500/Day

This fee covers corporate training sessions delivered by the Coach.

The daily rate includes the provision of tailored training content and materials.

Additional fees may apply for travel and lodging, if required.

#### **GROUP COACHING**

#### \$2000 per registrant

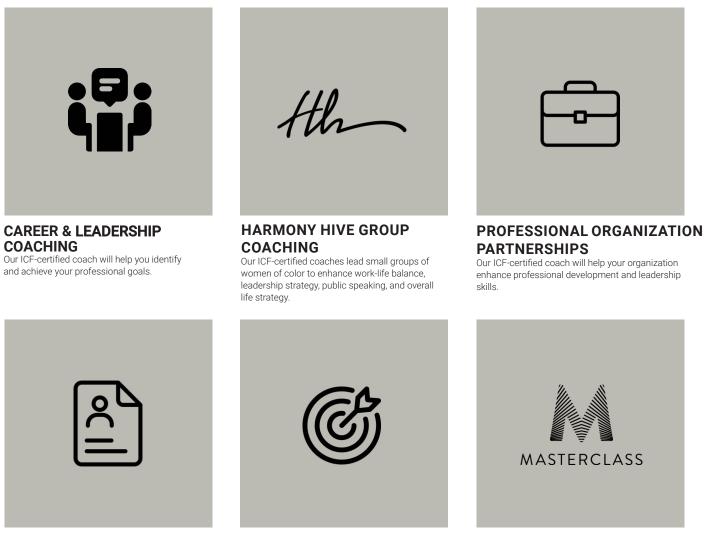
This fee covers eight 90-minute group coaching sessions for a maximum of 8 participants in each GROUP. Pricing includes DISC assessment to ensure group alignment, survey, group welcome kit, group activities, discussions, and shared learnings to facilitate personal and professional growth directed by an ICF coach.

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- 35 Minute Consultations \$100
- Resume/ CV \$500
- Bios \$350
- LinkedIn Enhancement \$350
- Career Catalyst Kit: Customized ATS Formatted Resumes or CV's, Bios, LinkedIn Enhancement, Interview Prep, Contract Negotiations **\$1850**
- DISC Assessment \$220 Leadership, Career, or Self reporting + Coaching.

# We Provide

A ccording to a study by the ICF, individuals who received coaching saw a 70% improvement in work performance, 80% improvement in self-confidence, and a 73% improvement in relationships. Coaching works because it is all about you.



**EMERGING TALENT** 

and fulfillment in their careers.

Our ICF-certified coaches help emerging talent

build a strong foundation for long-term success

COACHING

MASTERCLASSES

Our **award-winning trainer** provide immersive learning experiences on a variety of personal and professional development topics.

#### RESUME & LINKEDIN SME

Our ICF-certified coach will provide expert guidance to help you optimize your resume and LinkedIn profile for maximum impact.

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# **The Process**



Begin your transformative journey with The Career Doctor, LLC by scheduling an appointment through Calendly with our lead coach, ensuring a personalized and convenient start to your coaching or training

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**Upon** scheduling, thoroughly review the comprehensive scope of work, or review of the invoice along with completing the online assessment that provides valuable insights into your professional development needs.

#### 3

Facilitate a seamless engagement process by promptly settling a 50% down payment via our invoicing system. Engage with our customized portal to access a wealth of resources tailored to your unique career



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**Complete** your engagement by settling the balance in full within 30 days of service completion or at the time of final services rendered, solidifying a collaborative and successful partnership with The Career Doctor, LLC.

## **The Stats**

#### **Group Coaching:**

#### CHIEF

- Statistical Feedback for Group Coaching: Client Satisfaction Surveys All-Time Data (CHIEF):
- Average Client Satisfaction Score (CSAT): 4.80
- Percentage of 5-Star Scores: 91%
- Biannual Data (CHIEF):
- Biannual Client Satisfaction Score (CSAT): 4.84
- Percentage of 5-Star Scores: 94%

These results from CHIEF highlight consistently high client satisfaction, with the biannual data showing an improvement in both average CSAT and the proportion of 5-star ratings compared to the all-time data. This trend points to growing satisfaction among clients during the latest reporting period.

#### Women In Sports & Events (WISE)

- Statistical Feedback for Group Coaching: Client Satisfaction Surveys **All-Time Data (WISE)**:
- Average Client Satisfaction Score (CSAT): 4.88
- Group Members Surveyed: 33
- Percentage of 5-Star Scores: 87.88%
- Percentage of 4-Star Scores: 12.12%
- Likelihood to Recommend: The overwhelming majority expressed
- a high likelihood to recommend the group coaching experience.

#### Harmony Hive 2024 Stats

Statistical Feedback for Group Coaching: Client Satisfaction Surveys (Harmony Hive African American Group Coaching Collective) **All-Time Data (Harmony Hive)**:

- Average Client Satisfaction Score (CSAT): 5.00
- Group Members Surveyed: 7 out of 8
- Percentage of 5-Star Scores: 100%
- Likelihood to Recommend: All participants endorsed the program as a positive return on their investment and highly encouraged others to enroll.

### Our outcomes, drive personal & organizational impact.

#### **Emerging Talent:**

Jacqueleen's transformative leadership has sculpted an inspiring narrative—a 13-year saga where she coached, mentored, and led an organization of 1300+ African American young women and men. In this remarkable journey, she achieved a quantifiable triumph, guiding 80% female participants, ensuring 100% college acceptance, with a resounding 95% attendance and an impressive 85% graduation rate. Jacqueleen's legacy echoes in the corridors of postgraduate education (including Ivy League, big ten, and top-ranking institutions) and flourishing professional careers—a testament to her unwavering commitment and extraordinary impact.

#### People Leader Professional Development:

#### CASE STUDY: Leadership Transformation Training Program

#### **Objective:**

A mid-size organization aimed to facilitate leadership transformation among its people leaders by addressing key areas of development, including Leadership Presence, Courageous Conversations, and Growth Mindset. The goal was to enhance leadership effectiveness through a comprehensive sevenmonth training program.

#### **Resolution:**

The organization conducted a case study involving 237 organizational leaders to evaluate the impact of the training program. The program featured small group, instructorled training sessions that included:

Career Doctor Instructor Facilitation: Expert-led instruction tailored to real-world leadership challenges. Group Breakouts: Collaborative discussions to reinforce learning and foster peer support.

Scenario-Based Role-Play: Practical role-play sessions simulating real-world situations to improve decision-making and communication skills. Post-Session Activities: Reinforcement exercises and follow-up activities to ensure long-term retention of key concepts.

#### **Results:**

Leadership Training Effectiveness Rating: 4.87 out of 5 stars. Effectiveness/Satisfaction with **Behavioral Communication** Coaching and Team Development: 97% The data from this case study underscores the program's success in transforming leadership behaviors and improving communication within teams. Leaders reported significant improvements in leadership presence, engagement in courageous conversations, and adoption of a growth mindset.

# **Our Partners**





With an illustrious 25-year Toastmasters journey, she holds two Distinguished Toastmaster titles and led the acclaimed club WAO to secure numerous district awards, including

"Toastmaster of the Year," "Excellence in Program Quality," and a prestigious nomination for the "2022 Presidential Citation Award." In 2023, she further distinguished herself as an accomplished author...



#### Sarah

A seasoned veteran with 20 years of experience in executive and leadership development coaching, she specializes in guiding both senior and aspiring leaders. Her expertise lies in helping individuals tap into and amplify their

leadership potential, all while fostering deeper connections and a greater sense of joy in their lives. With a rich background in brain studies, boasting a BSc in neuroscience and an MSc in biomedical engineering, her inspiration springs from the marvels of our intricate minds.



**Toby** Design & Media Specialist

Originally a graduate of Chemical Engineering born in Lagos, Nigeria, Toby is our no. 1 go-to video editor and designer. He has over 8 years of experience as a professional video-editor

and cinematographer. He is incredibly creative and very adept in his craft. He also loves dogs, and watches YouTube in his spare time.

#### Places The Career Doctor has coached individual executive clients:

CHIEF | WISE | NAMIC | HRTS | NBA | NFL | NHL | WNBA | MLB | MLS | ESPN | WNBA | BULLS | AEG | ROOTS | JNJ | US Pharamocia | JLL | Revlon | Disney | Netflix | Comcast | IPG | Girls. Inc | Thermo Fisher | Cornell | Amazon | Walmart | AP | Humana | Gallagher | Accenture | Agility Health | LMU | Peleton | Bon Secour | Children's Adocacy Center of Texas | African American Chamber of Commerce | Reddylce | ABT | Heineken | Morgan Stanley Advent Health | United Healthcare | Pepsico | McGraw Hill | Google | Fox Sports | BlueCross Blue Shield | Ulteig | Carnegie Learning

### **Corporate Training Programs**

In the rapidly evolving landscape of 2024, Forbes emphasizes the critical need for corporations to invest in coaching and training. According to their December 29, 2023 article on leadership skills, developing agile decision-making, adaptability, and resilience is paramount. The importance of embracing setbacks, fostering emotional intelligence, building support networks, and focusing on succession planning is highlighted. Additionally, the article underscores the significance of instilling a high-performing organizational culture through empathy, coaching, and mentoring. Addressing the challenges of digital transformation requires leaders with digital fluency and data-driven decision-making skills. In conclusion, Forbes contends that investing in leadership development programs is not just a choice but a necessity for driving growth, resilience, and innovation in the face of adversity.

#### Intrinsic Value<sup>™</sup> Workshop

Cost: Contact Us Duration: 5 hours

Unlock the power of your professional identity in this transformative five-hour immersive experience. The Intrinsic Value Workshop<sup>™</sup> is an intimate journey, bringing together 10 women per breakout group from diverse industries to master the art of impactful introductions, persuasive pitches, and dynamic storytelling. Through interactive sessions, you'll learn to articulate your unique strengths and vision with clarity and confidence.

This game-changing workshop, led by two expert facilitators including an ICF-certified coach and a Distinguished Toastmaster (DTM) — includes a 12-month workbook and storytelling flashcards to support your growth beyond the session. These tools guide deeper self-exploration and ensure your messages not only reach but inspire, creating a lasting impact and fostering meaningful connections.

#### The Brave Mindset Dialogue

#### Cost: Contact Us Duration: 4.5 hours

In a world that demands both courage and adaptability, The Brave Mindset Dialogue combines the transformative principles of <u>Courageous Conversations</u> and <u>Growth Mindset</u> into a dynamic 4.5-hour experience designed to elevate your organizations communication and mindset.

This interactive training empowers you to tackle challenging conversations, cultivate resilience, and embrace continuous growth using practical tools and real-world scenarios. Engage in fun, immersive activities, including role-play exercises, interactive videos, and flashcard challenges, to solidify your learning and boost your confidence.

#### Human-Centric Mastery™

Duration: 4 hours Cost: Contact Us

In today's fast-evolving business world, where emotional intelligence, workplace harmony, and AI integration shape success, Human-Centric Mastery empowers teams to lead with people-first principles. This exclusive workshop equips your organization to enhance cultural awareness, foster collaborative excellence, and seamlessly incorporate AI while preserving human connection.

#### Why Attend?

- Cultural Awareness: Cultivate inclusivity and respect across diverse teams.
- Collaboration: Build cohesive, innovative teams that thrive together.
- Workplace Harmony: Prioritize well-being and engagement for all.
- Al Integration: Balance cutting-edge Al with human-centric workflows.

#### Workshop Features:

- Interactive learning tailored to your needs.
- Expert facilitators in human-centered development.
- Comprehensive resources for immediate action.
- Flexible delivery options: in-person or virtual.
- Transform your organization with the power of Human-Centric Mastery.

### Unlock Endless Intrinsic Opportunities with Value

#### About Us

The Intrinsic Value<sup>™</sup> collection provides resources and workshops tailored for C-Suite to Director-level female professionals. It empowers participants to discover their "Ikigai"—their reason for being—by aligning their careers and personal lives with what truly matters, leading to greater fulfillment and motivation. Along with personal growth, the program offers opportunities to network with thought leaders nationwide and includes hands-on storytelling practice, guided by a distinguished Toastmaster, using custom storytelling flashcards to help craft and share your unique story effectively.



In-Person & Virtual Workshops Personalized Coaching Online Courses

Immersive Weekend Summit Enhanced Learning Materials Wear Your Passion







## Are you ready to harness the transformative power of group coaching?

Harmony Hive is an 8-month virtual group coaching experience for eight black female executives through group coaching sessions, discussions, and shared experiences, in which the women tap into this collective energy.

The diverse perspectives and backgrounds within the group enrich the journey, fostering understanding and empathy. The Power of Eight empowers these women to break through barriers that may have seemed insurmountable on their own. It provides them with a safe space to share their challenges, fears, and dreams. In doing so, they find solace in the fact that they are not alone in their struggles – they have a community that truly understands and supports them.

This once-in-a-lifetime experience culminates during a 3-day in-person weekend in St. Simon Island.

SIGN UP NOW



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